Overview:

Participants in this forum will explore the concept of resilience and dementia. The speakers will provide an overview of dementia, a discussion of resilience among persons living with dementia and their care partners, and a synopsis of the role of the person-centered approach in promoting resilience. This forum is applicable to health care professionals, formal and informal caregivers, and advocates.

Learning Objectives:

After completing this forum participants will be able to:

- Describe the symptoms of dementia, the stages of irreversible forms of dementia, and challenges associated with cognitive loss
- Define resilience and identify its significance to those living with dementia and their care partners
- Summarize ways to support persons with dementia as they negotiate and adapt to changing cognitive abilities
- Identify stress factors that can impact caregivers and describe strategies to address this stress in order to support both persons living with dementia and care partners

Schedule:

8:30 – 9 am Registration

9 – 9:40 am – Lauren Price: An Overview of Dementia

9:40 – 10:20 am – Louise Murray: The Relationship of Person-Centered Language and Resilience

10:20 – 10:30 am Break

10:30 – 11:30 am – Dr. Crystal Watkin: Resilience and Dementia

11:30 – 11:45 am Break

11:45 am – 12:45 pm – Lisa Roeder and Sherry Parrish: Building Resilience among Care Partners