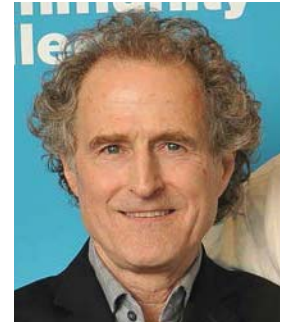


ROGER ANUNSEN

Roger Anunsen is a brain health educator and program consultant based in Oregon where he teaches college five gerontology courses in Portland, including The Aging Mind, Applied Legal & Policy Issues in Aging and Cognitive Activity Design.

Roger has been working in the field of memory and aging since 2001 and is a founder



and co-principal in MINDRAMP Consulting that provides brain health and wellness events, staff training programs and educational courses. His educational method was developed over the past decade of hands-on experience teaching older adults and health care professionals how to apply the latest breakthroughs from neuroscience. Roger presented the MINDRAMP Method at the First Global Conference on Ageing at the University of Oxford and, with his MINDRAMP partner Michael C. Patterson who is now based in Los Angeles, conducted a sold-out seven-hour brain health seminar at the Smithsonian Institution.



Anunsen and Patterson have co-authored books including their textbooks Strong Brains, Sharp Minds (2015), Cognitive Activity Design (2015) and Better Brains by Design: (2016)

Join us

for a special presentation, led by brain health expert **Roger Anunsen**, to learn about the latest scientific developments in aging and cognitive health. He will explain how certain lifestyle approaches and foods (yes, even chocolate) can help trigger the brain's pleasure centers for a happier, healthier life.

Various chocolate tastings will be served during the event to help you find your favorite way to keep your brain healthy!

Wednesday, November 8th
6 PM - 7:30 PM

4301 Roland Avenue
Baltimore, MD 21210

RSVP to 410-235-4301 by November 1st.
Valet Parking will be provided.



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Assisted Living & Memory Care